



# NEWS

## UP FRONT

Hi church,

The great revivalist, Jonathan Edwards, once noted, "The Spirit of God, inclines the children of God to do the will of God". What a prayer. What a conviction! I would like to bring a few items to your attention as we make our way into the fall season.

**1. All of our youth and children will be moving onto the first floor in the coming weeks.** Someone has generously donated funding for those first floor classrooms to be repainted. As of this letter, what will be the infant room has been completed and we are nearly two thirds finished with what will be the toddler room. A lot of work has gone into preparing these rooms and I cannot thank those who volunteered with these efforts enough for their time and hard work.

Once the bulk of the rooms are completed- there will be an invitation made to the congregation to stop by the rooms to see them and also, and more importantly, to pray for them. Let us pray that those rooms will one day be overflowing with children and their families. Let us pray that there will be a ripe harvest of teachers seeking to invest in the next generation. Hear our prayers God!

**2. On October 12th, we will be hosting our Faith and Justice conservation with Dr. Ryan Burge.** As John Grisham pointed out, Dr. Burge is one of the most notable speakers Central has had in decades. He has been interviewed on 60 minutes, written for the New York Times and The Christian Century. His conversation is an important one for such a time as this and I hope that you will join us at 5pm on October 12th. (This will be held in the sanctuary; it will be recorded; and there will be a time for questions and answers afterwards).

Additionally, Dr. Burge will be preaching for us on October 13th and I hope you will invite a friend or family member that Sunday.

**3. Lastly, we are very thankful for Tiffany Cheatham Williams' leadership in music.** She joined our team almost two months ago and has made a HUGE impact on Sunday mornings. She is a great leader and a talented musician. Please be sure to let her know how thankful we are to have her with us at CBC!

I look forward to a wonderful next few months. Onward and upward!

In Christ,  
Pastor Tony

## COMING UP

**10/5** Men's Breakfast, 8 a.m., Merriam Hall.

**10/8** Leadership Coordination, 6:30 p.m, Weber Lounge.

**10/16** Quarterly Business Meeting, 6 p.m, Merriam Hall

**10/19** Men's Breakfast, 8 a.m, Merriam Hall.

Church Office  
8-5, M-F

## WHAT'S HAPPENING

### Kumler Food Pantry

Adults and children in Springfield are hungry! Food insecurity is a constant threat with a significant percentage of our citizens of Springfield and surrounding community. Let's make a push in October to bring in nonperishable food to help ease this problem. Canned vegetables, Mac and cheese, cereal and peanut butter are high on the list of needs.

### Wednesday Night Dinner Shelter Meals

We provide meals for Contact Ministries through MealTrain. Instructions are on the MealTrain web site. Type this link into your browser to sign up: <https://mealtrain.com/yoo5gm> or call the church office at (217) 523-3639 and Rachael will sign you up.

### Dates to Remember

**10/5 Men's Breakfast meets at 8 a.m. in Merriam Hall.**

**10/8 Leadership Coordination Team** meets at 6:30 p.m. in Weber Lounge.

**10/16 Quarterly Business Meeting:** 6 p.m. in Merriam Hall.

**10/19 Men's Breakfast** meets at 8 a.m. in Merriam Hall.

## NEWS AND NOTES

### Feast of Plenty

As in past years, we will be providing meals for delivery, carry out and for those who want to dine with is Merriam Hall from 12:00-1:30 p.m. on Thanksgiving Day. It could not happen without a multitude of volunteers. We hope you will be one of them!

Denise Perry, from Copper Pot Cooking Studio, has volunteered again this year to cook. Volunteers are needed to serve food, pack boxes, donate commercially prepared deserts, greet visitors, deliver meals, help set up and provide additional help wherever needed. Many volunteers make this an annual tradition and spend their holiday helping others in the name of Christ and His love. But if you can't be here that day, there are needs ahead of the holiday. Please be on the lookout for a sign up sheet in the coming weeks at the Serve the World Center. Financial gifts are also gratefully received. To help in any ways or if you have questions, please call (217) 523-3639 or email at [office@cbcchurchfamily.org](mailto:office@cbcchurchfamily.org)

### BIRTHDAYS

10/1 Hannah McDaniel

10/11 Reg Mills

10/21 Steve Sheffield

10/22 Mike Large

10/23 John Martin

10/29 Debbie Aldag

### ANNIVERSARIES

10/9 Tom and Nancy Langford

10/19 David and Ruth Ficke

10/22 Jason and Jenna Cox

If we missed anyone, let us know at [rachael@cbcchurchfamily.org](mailto:rachael@cbcchurchfamily.org)



## News and Notes (cont)

### World Mission Offering

A respected American Baptist Pastor, Brian Romanoski wrote: “Giving generously to missions is a necessity, because the Great Commission is the driving force of our discipleship individually and as a church. It's a blessing for us to have relationships with our global servants, because when we hear their stories and the ways that God is using them to transform lives where they serve, we can feel as if we had a part in that work, even though it's God who is doing the transformation.”

Pastor Romanoski is right on target! When we respond to God's goodness to us by giving to others, God works through our gifts to transform lives. We feel a part of what God is doing because we are a part of what God is doing. Thank you for your gifts to the International Ministries World Mission Offering, which our church gathers each October. Thank you for making a difference.



## News and Notes (cont)

### Graham School Library

The following is a copy of an article written by Sharon Smith that appeared in Illinois Times, September 12, 2024

The recent “lobbying for libraries” article starts with this statement: “Two numbers that concern Melissa Hostetter are 76% and zero. The first is the percentage of fourth-graders in Springfield school District 186 who aren’t proficient in reading. The second is the number of librarians in the district’s elementary schools” (Sept 5).

I disagree with the second statement. While there are no paid librarians in District 186 Elementary Schools, there are schools with libraries staffed by volunteers.

I would like to tell you about the library at Graham Elementary School. More than 10 years ago, Central Baptist Church partnered with Graham and asked what the church members could do for the school. One thing that was needed was a functioning library. The members of Central Baptist opened the library and staffed it one day a week using the books that were already there.

Fast Forward 10 years and the church still staffs the library one day a week, but many improvements have been made over the years. There is now one volunteer librarian and 18 dedicated assistants (church members, parents and community members) who do much more than just check out books. Since we can only have library one day a week and there are 14 classes that come to check out books, we have to squeeze a lot into that time. The second through fifth grade classes have 20 minutes to browse and check out a book, but we get it done.

The two kindergarten classes and three first grade classes get to spend half an hour in the library. In the first 15 minutes, there are volunteers who read a book to the students. We have enough volunteers that we have a ratio of one adult to three students. The students get more individual attention this way. This is not a quiet library - it gets very noisy when everyone is reading, but the kids love it. After the story, they get the opportunity to check out a book and get help reading it.

Since there are no paid librarians, there is no library budget either. The school has a Title I grant with which they can order books, but that only happens once a year. The rest of the time, there is no money for the schools purchase books. Central Baptist Church takes up a collection several times a year for books and over the years the church has purchased thousands of dollars’ worth of books for the library. We have a request list, and if a student wants a certain book, we try to buy it.

We are also fortunate to have Nancy Huntley, the former Lincoln Library director, as one of our volunteers. She has helped revamp the library. We have recycled thousands of old books that hadn’t been checked out in years. Who wants a world atlas with many countries that no longer exist?

We are very proud of the library at Graham School, as is the principal, Chris Hood, and all of the teachers. We feel that the students are getting a positive library experience and have many good books to choose from, at all reading levels.

These devoted volunteers give of their time once a week at the library: Sharon Ahrens, Betty Darrow, Carol Matheson, Doug Meyer, Linda Meyer, Tessa Richards, Cristy Saint, Garvice Saunders, Sharon Smith, Anne Tankersley, Jim Walker and Joleen Welch. Volunteers in the past have been Judith Anderson, Jennifer Logan, Barbara McKean, Malcolm McKean, Dick McDaniel, Mary Sharp, Brenda Thornburgh, Sheila Zeiger and others.



## News and Notes (cont)

### A note from Tim's sister

Tim wants to thank everyone from the church and appreciates your concern about his wellbeing. As you are aware, Tim has experienced several rather significant health issues over the past nine months. He had an extended hospitalization due to a severe fall and COVID diagnosis, he was diagnosed with prostate cancer and went through and completed radiation treatment, and he has developed Atrial Fibrillation (AFib). All these health issues along with his physical challenges have been a lot for Tim. He has faced them in good spirit with his typical humor and strong faith in God. Tim is recovered and well healed from his hospital stay. His prognosis for his complete recovery from cancer is excellent.

Prior to Tim's cancer diagnosis, it was discovered that Tim developed Atrial Fibrillation (AFib). This is a condition where the heart can go into an irregular heartbeat where the heart beats too rapidly. The problem with this condition is the 500% increase in the risk of stroke due to the development of blood clots in the heart that can pass to the brain. In meeting with Tim's doctors, it was determined that a Watchman procedure, a minimally invasive procedure which places a small device in the heart to reduce the risk of stroke and blood clots, was the most appropriate treatment. The procedure itself is where the doctor inserts a catheter through a vein in the leg, threads it through the blood vessel to the heart and places the device in the heart. Tim will spend one night in the hospital and then take it easy for a few days until he can begin regular activities. Currently, the Watchman procedure is scheduled for October 17.

We are praying that this is the last significant medical issue Tim has at this time and that his life will get back to a more normal routine. The Lord has been good to Tim and blessed him with family and friends who truly care about him. Thank you for reaching out with your concerns. If you have any questions, please feel free to contact us again.

Sincerely,

Nick and Cindi Little (Tim Boner's sister and brother-in-law).

## Connected Pairs

### The Impact of Childhood Trauma on Adult Relationships

In this article, Kaytee Gillis, LCSW-BACS relates abuse as a child to being in violent relationships as an adult. Gillis gives an example of a client wondering if she did the right thing by ending an abusive relationship. She also lists some ways survivors can begin to break the cycle.

Some of these are:

1. Acknowledge that there is a pattern. The problem cannot be addressed until it is acknowledged.
2. Working on self-awareness. This can be done with journaling, mindfulness exercises, or self-reflection exercises.
3. Establishing boundaries. Setting and enforcing boundaries is a crucial element in healthy relationships.

To read more about childhood trauma and adult abusive relationships, click [here](#).

Blessings,

Stephani Cave, LCPC

ConnectEdPAIRS (217)972-4851

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For more information about relationships, follow ConnectEdPAIRS on FaceBook. For more information about any ConnectEdPAIRS service, please visit the website at [www.connectedpairs.com](http://www.connectedpairs.com), call, or email the counseling office.