



# **UP FRONT**

Church,

I write to you on the last day of July and I find myself marked with great hopefulness about the future. There has been a lot of difficult change at our church over the last few years, but I sense we are on the precipice of something great. There has been a dramatic increase of guests and our attendance has been slowly growing on Sunday mornings. There are great things ahead!

However, there are still some transitory factors that I would like to call to your attention. First, Emily Wheeler's last day with us will be on August 11th. She came to us at such a

# COMING UP

8/3 Men's Breakfast, 8 a.m, Merriam Hall. 8/13 Leadership Coordination, 6:30 p.m, Weber Lounge. 8/17 Men's Breakfast, 8 a.m, Merriam Hall.

> Church Office 8-5, M-F

crucial time and I am thankful to have served alongside her. She will be making her way to New York City to audition for Broadway. Interesting fact, she is one of the final contestants for a national commercial. Who knows, we may see her on our TV screens before too long. Almost every guest we have had in her tenure has come up to her after the service and they all say the same thing, "You have the most wonderful voice". We will miss her!

Next, in Emily's absence we are beyond thankful to have Tiffany Cheatham Williams join us as our interim director for the fall. She will be with us until the new year while we continue to find someone. Tiffany WOWED our entire congregation the first Sunday she came and I am believing this fall will be a very special time for our church. She is the vice principal at Southeastern High School. We are eager to have her lead us on Sundays.

Lastly, we will have an informal town hall meeting about the New Berlin campus after service on 8/4. There has been an ad hoc committee deputized to pray and discern the next steps for this campus and this will be a time to begin a congregational conversation about this important matter. There will not be a vote at this meeting; instead, it will be a time to hear about what has been going on with the committee and their insights.

Here is to a really tremendous Fall!

Onward and upward, Pastor Tony Stang

# WHAT'S HAPPENING

## **Kumler & New Berlin Food Pantries**

Reach out to the food insecure of our community. They may be a neighbor, someone who lives across town, someone who is having a difficult time. It matters that they and their family are hungry and it matters that Jesus fed the hungry. Pick up a can or three, maybe it's even on sale this week, and drop it off at the Serve the World Center and it will get to the Kumler Food Pantry.

## **Wednesday Night Dinner Shelter Meals**

We provide meals for Contact Ministries through MealTrain. Instructions are on the Meal Train web site. Type this link into your browser to sign up: <a href="https://mealtrain.com/yoo5gm">https://mealtrain.com/yoo5gm</a> or call the church office at (217) 523-3639 and Rachael will sign you up.

## **Dates to Remember**

**8/3 Men's Breakfast** meets at 8 a.m. in Merriam Hall. **8/13 Leadership Coordination Team** meets at 6:30 p.m in Weber Lounge.

8/17 Men's Breakfast meets at 8 a.m. in Merriam Hall.

## **BIRTHDAYS**

8/5 Larry Aldag

8/6 Brenda Thornburgh

**8/10** Joe Hill

8/14 Ross Hodel

8/14 Sally Smith

8/17 Barbara McKean

8/17 Dela Phillips

8/18 Virginia Heinzel

8/29 Rodney Gruber

## **ANNIVERSARIES**

8/25 Roy and Stephanie Beal8/30 Doug and Linda Meyer8/31 John and Syl Grisham

If we missed anyone, let us know at rachael@cbcchurchfamily.org

# **NEWS AND NOTES**

Graham School Library is open again for the new school year. The school schedule has changed and some of our volunteers are not able to work this year. Library is every Thursday that the school is open. Graham is a year round school, so instead of getting 3 months off every summer, they take 3 weeks off every couple of months.

We are in need of volunteers to work with First graders and Kindergarten classes. First grade help is needed from 11:00 to 12:00 and kindergarten from 1:00 to 2:00. We work with groups of 3-5 kids (depending on how many volunteers we have). First we read them a story, then help them choose a book, and then listen to them read to us. At the beginning of the year, we do more reading than listening to kindergarten classes.

If you enjoy children and would be interested in volunteering, please contact Sharon Smith at 217-416-8047.

## **Third Place Central**

Third Place Coffee and Conversation continues every Tuesday at 9:30 a.m. for the month of August on the upper level of Harvest Market located at Wabash and Veterans Parkway. You are invited to join good company for lively Conversation...... And, yes, of course you can bring a friend!

The Washington Street Mission is hosting a Trivia Night on September 14th. If you would like additional information, please contact Larry Aldag.

## **Connected Pairs**

What Does a Healthy Relationship Look Like?

Sometimes couples question their relationship. In this article, Andrea Bonior, PhD shares her idea of what a healthy relationship is like. She lists 13 signs to look for and some of these include:

- 1. Trust. There are many ways to build and rebuild trust in a relationship.
- 2. Communication. Dr. Bonior states that healthy communication is the lifeblood that nourishes good relationships.
- 3. Patience. Partners need to be able to tolerate each other's mood changes.

To read more about having a healthy relationship, read <u>here</u>.

Blessings, Stephani Cave, LCPC ConnectEdPAIRS 217-972-4851 Donna Givens, RN LCPC 618-973-5072

For more information about relationships, follow ConnectEdPAIRS on FaceBook. For more information about any ConnectEdPAIRS service, please visit the website at www.connectedpairs.com, call, or email the counseling office.

